

Waldemar Operating Guidelines for 2020

Pre-Camp Quarantine and Screening:

We will not require campers to be tested for COVID-19 before arrival but they **must** quarantine and self-monitor for 14 days (if no test), or if no 14 day quarantine then a 7 day quarantine with a negative test result. For the COVID testing – we are requiring a nasal swab PCR, preferably done within 3 days of arrival at camp. Regardless of selected quarantine option ALL campers and staff must conduct the following pre-screening activities:

- Taking and recording their temperature for 7 days before camp
- Self-screening for the presence of symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, diarrhea etc.) within the past two weeks.
- Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.
- Assessing the implied risk of any pre-existing illnesses.

If a camper or staff member is flagged during the pre-screening process, Camp Waldemar will make a decision about attendance.

**If your camper has any pre-existing conditions, you must contact camp at least 2 weeks before arrival. We will have a nurse talk to you about the medical appropriateness of camp this summer.

Campers **MUST** bring their completed pre-camp screening form to camp on Opening Day.

Opening Day

- There will be scheduled drop off times
- Our aim is to reduce density and physical interaction of individuals at any given time in the drop off area.
- We will send communications to camp families assigning each camper to their drop off time window. Here is what we expect:
 - Parents are NOT permitted to exit their vehicles
 - Minimize the time you take saying goodbye to allow for the continual flow of traffic
 - Say goodbye inside their vehicles
 - You won't be able to leave your car once on campgrounds. Restrooms are available in Kerrville, Ingram and Hunt.
- We strongly suggest not having anyone 65 or older in your vehicle on Opening or Closing Day.
- All medication must be pre-entered on the Health History form in Camp In-Touch before you arrive at camp. Medication **MUST** be in a clear Ziploc bag with the

Camper's name in large print on the bag. This will be handed to staff checking you in from the comfort of your car.

- Medication not entered on the Health History form on Camp in Touch will not be administered.
- Only bring medications taken on a daily basis. We have plenty of symptomatic "just-in-case" medicine (such as Benadryl, Tylenol, etc.).
- All campers will need to bring their Pre-Camp Screening Form and negative COVID test results, if applicable. These will be collected by a staff member upon arrival.
- All campers will need to have completed a pre-check for head lice within 3 days of Camp arrival. At check-in the child will need to turn-in verification of a pre-check. If no lice check has been completed prior to Camp the child will not be permitted to stay at Camp.
- We will perform an initial health screening including temperature check, of all campers upon arrival. If your child's temperature is 100.4 degrees or higher at this time she will not be allowed to get out of your vehicle and will not be permitted to stay at Camp. If your child's temperature is between 99.9 and 100.3 degrees, she will be taken immediately to the Health Lodge where she will be treated and isolated. Pending her symptoms and degree of fever our medical staff may choose to have the child tested for COVID prior to allowing her to join normal Camp activities.

The use of Cohorts/Pods/Groups at Camp Waldemar These three terms may be used interchangeably.

- **Kampong Groups**: These should be close to a normal summer with 6 to 7 campers and one counselor. When possible these groups will stay together at certain times and for certain activities.
- **Cohort Groups**: A Cohort will be defined as a group of kampongs with a maximum of 50 total people (campers and counselors included). Since Waldemar will only be hosting our Hilltoppers, our cohort group of kampongs will be under the 50 person maximum so that this group of individuals will be able to interact with each other in most instances.
- **Other Waldemar Cohorts** are our Office Administration, our Maintenance/Housekeeping, Nursing staff, Kitchen staff and Wranglers. We will strive to mitigate contact with the campers and counselor staff.

Guidelines for Cohorts:

- Organize camp into kampongs of 6 to 7 campers and 1 counselor for a maximum "Kampong" size of 8. These groups will remain consistent throughout the camp program.

- “Kampongs” will live, eat, and do most group activities together.
- Larger gatherings, especially inside buildings, increase the potential of communicable disease spread. Mitigation for these and any mass gathering will include splitting large assemblies into smaller groups (by “Kampong” or “Cohort”), outdoor programming, dining and program changes to minimize mixing, physical distancing between “Kampong” and the use of facial coverings (as age and developmentally appropriate) when distancing cannot be accomplished.
- Everyone will enter the Dining Hall in their respective groups in a certain order and will be served their meal from our Kitchen staff.
- Due to the small size of campers and staff attending camp this summer we hope that most interactions will be somewhat more like normal camp when possible.
- Visits to camp will be limited to essential business ONLY.
- Camp Waldemar is asking all summer staff members to remain on camp property, even during their times off. This will limit the chance of exposure and encourage counselors to stay within the “camp bubble” throughout the entirety of the summer.

Daily Health Checks:

Camp Waldemar will conduct screenings on a daily basis for all campers and staff members. Counselors will already conduct daily checks to assess their campers’ health. In addition to the standard health checks, we will include taking temperature and asking about symptoms consistent with COVID-19. These screenings will be conducted by our nursing staff on a daily basis as well.

On a daily basis, all campers and staff members will be screened for any of the following new or worsening signs or symptoms of possible COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Vomiting
- Known close contact with a person who is lab confirmed to have COVID-19
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit
 - We will check temperature of campers and staff members twice daily.

Response Management of Case(s) or Probable Case(s):

If a staff member or camper is identified as having a potential case of COVID-19, Camp Waldemar will isolate the individual in our separate **isolation room** of the health lodge and will consider the following:

- Consider if a camper or staff member warrants further clinical evaluation, and if so, make arrangements to do so while keeping the patient isolated in the Health Lodge.
- Staff or campers exhibiting new or worsening symptoms of possible COVID-19 will be transported to Peterson Urgent Care in Kerrville for immediate testing. When returned to camp they will be isolated until the return of test results.
- If a camper tests positive for COVID-19, the camper's parents or guardian will be required to pick up the camper within **8 hours**. A determination will be made if additional testing will be necessary for other campers and staff. The state health department will be notified and communicable disease guidelines will be followed.
 - If a staff member tests positive for COVID-19, the staff member will leave Camp Waldemar property and the camp will notify parents/guardians of those possibly exposed. A determination will be made if additional testing will be necessary for other campers and staff. The state health department will be notified and communicable disease guidelines will be followed.

Camp Waldemar Mask Protocol:

All campers and staff members will be required to bring at least two cloth face coverings to camp. These should be labeled with the camper or staff member's name.

- Campers and staff will wear a cloth face covering when indoors and interacting within 6 feet of anyone outside of their "Cohort".
- Within a "Kampong," campers and counselors are not required to wear masks
- Multiple "Cohorts" can occupy the same indoor space without wearing face coverings if the groups are separated by at least 6 feet (i.e. Dining Hall, etc).
 - Anyone serving food will wear masks and gloves.
 - Campers and staff will wear cloth face coverings at all times in the Health Lodge by a medical professional.
 - Staff members will wear a mask inside the camp store if campers outside their cohort are present.

Additionally, staff members will wear a cloth face covering when interacting within the personal space of a camper outside their "Cohort" (i.e. the camper could easily reach out and touch them) for more than 15 minutes.

- Face coverings will not be required for campers or staff when in the river

- Face coverings will not be required during most active outdoors games such as soccer or basketball.

Parent Communication:

During Camp:

- We will keep parents/legal guardians up to date on COVID-19 as it relates to the camp. We will send parents/legal guardians communications regarding the prevention efforts. If necessary, we will report the number of confirmed cases (if any)
- Parents are not permitted to send campers packages or mail while they are at camp. If a camper is in need of an essential item, camp staff will get this item to the camper and charge it to the camper's account on CampMinder. Emails are of course allowable.
- If the decision to dismiss or end camp early is made, we will communicate these plans with our camp families.

In the event of a Potential Exposure:

- Camp Waldemar will immediately inform parents/legal guardians about any potential contact their children may have had with confirmed cases.
- If a camper is experiencing symptoms of illness, including symptoms of COVID-19, they will be assessed by our medical staff. If medical staff suspect a case of COVID-19, parents will be informed. Pick-up from camp may be necessary.
- If necessary, we will communicate the following things:
 - Your child has tested positive for symptoms/COVID-19.
 - Your child was identified as having contact with a confirmed case.

Closed Community

A goal of pandemic response is to reduce interpersonal contacts to limit potential exposure to coronavirus. In the camp setting, this means limiting the amount of off-site exposure of staff and campers in the community (e.g., staff days off, etc.). Camp Waldemar is asking all summer staff members to remain on camp property, even during their times off. This will limit the chance of exposure and encourage counselors to stay within the "camp bubble" throughout the entirety of the summer. Any day trips will not involve interaction with the public, in keeping with our closed community. i.e. a canoe trip.

Visits to camp will be limited to essential business ONLY. Food vendors, contract repair services, fuel and gas deliveries, laundry, etc.

Travel Bans

Sadly, travel bans have turned our normally diverse international community into a domestic one. We have very few out of state campers this summer and the handful from states with larger outbreaks will be required to quarantine in Texas before they arrive at camp.

Cleaning and Disinfection

To minimize transfer of coronavirus at Camp Waldemar, cleaning methods will be employed to reduce risk to campers and camp staff.

- **Communal Spaces:** Our staff members and housekeeping team will clean and disinfect communal spaces between groups. Disinfection after cleaning may not be feasible if scheduling of group activities does not allow for disinfectant to remain on treated surfaces for sufficient time to fully disinfect.
- **Shared Items:** Cleaning and disinfecting of shared items between Cohort uses.
- **Frequently Touched Surfaces:** Cleaning and disinfecting frequently touched surfaces and common spaces twice daily. Examples of frequently touched surfaces include tables, drinking fountains, door handles, hand railings, light switches, countertops, cabinet handles, desks, keyboards, toilets, faucets, and sinks and ice machines.
- **Cleaning of outdoor structures** made of plastic or metal will be carried out according to typical camp cleaning practices. More frequent cleaning of high touch outdoor surfaces, such as railings, will take place. Outdoor wooden surfaces, such as play structures or benches, will be cleaned according to standard camp practices and more frequently if needed to remove obvious soiling.
- **Toilets, Showers, Restrooms:** High touch surfaces including toilets, showers, and restrooms are cleaned and disinfected multiple times daily.

Personal Hygiene

At the beginning of camp, staff members will train campers on behaviors and precautions they should abide by to prevent the spread of COVID-19, including:

- How and when to effectively wash and sanitize hands
- How to practice physical distancing in various settings (dining hall, activity spaces, kampong, etc.)
- Face mask policy
- Which symptoms to look out for and when to report them and to whom
- Coughing and sneezing etiquette

Bathrooms and Showers:

- Campers will avoid sharing common bathroom supplies (towels, soap, toothpaste, etc.). Campers need to bring their own bathroom supplies and a

container for toiletries to be stored in for the duration of camp (for example, a bathroom tote or a 1-quart clear plastic bag labeled with their name).

- Campers should keep personal items in their bag or tote and store their bag or tote in a designated area.
- A staggered shower schedule will be implemented to limit the number of people using the bathroom/shower facilities at one time.
- We will have trash cans (with no lid) near the exit of the restrooms to make it easier to discard items.
- We are posting the [Handwashing](#) sign from the CDC in the bathroom to remind campers and staff when and how to properly wash hands.
- Kampong leaders will provide bathroom breaks between every activity and will ensure that campers wash hands properly afterwards.

Kampong/Bunk Arrangements:

- We are positioning sleepers head-to-toe to maximize distance between heads/faces:
 - In bunk beds, counselors will ensure that we position the head of the camper in the top bunk opposite the position of the camper in the bottom bunk.
- We will keep each camper's bedding separate.
- There will be one laundry service in the middle of the term.

Camp Waldemar Distancing Protocol:

1. Campers and staff within a Cohort will limit interactions with members of other Cohorts. For example, the office, maintenance, housekeeping, nursing and wrangler groups.
2. To the extent that they must interact, members of different Cohorts will do so with at least 6 feet of separation when possible.
3. If members of different Cohorts must interact in close proximity (such as a staff member instructing campers outside of their "Cohort"), the following must be true:
 - a. They will follow the *Camp Waldemar Mask Protocol*.
 - b. They will consciously minimize the duration of this interaction (less than 15 minutes).

Dining Hall

- Our Kitchen Manager will screen food service employees and assess their symptoms prior to starting work each day.
- We will clean and disinfect the dining area between meal shifts.
- We will decrease the occupancy density.
- Kampongs will be assigned specific tables for the entire camp session, so they occupy the same table at each meal.

- All meals will be served to campers from staff members wearing face masks and gloves. There will be no self-serve or buffet style options.
- We will encourage diners to maintain physical distancing between themselves and others while in line to enter the dining hall.
- There will be station dispensers of alcohol-based hand sanitizer containing at least 60% alcohol at the entrance of the dining hall.
- The dining hall will have signs posted reminding campers of the guidelines such as washing hands, maintaining social distance, etc.
- We are discontinuing the use of communal condiment dispensers.

Closing Day

- There will be a pickup schedule in which groups of campers are to be picked up from camp during staggered timeframes by “Cohort.”
- We aim to reduce density and physical interaction of individuals at any given time in the pick-up area.
- We will send communications to parents/guardians that assign each camper their pickup time window. Expectations:
 - Parents are NOT permitted to exit their vehicles
 - Minimize the time you take greeting your camper to allow for the continual flow of traffic
 - You won't be able to leave your car. Bathroom facilities are available in Kerrville, Ingram and Hunt.
- We strongly suggest not having anyone 65 or older in your vehicle on Opening or Closing Day.
- We will escort campers to their parent's/guardian's vehicle.